

## Coronavirus Rules

Last updated January 4th 2021



### 1. Considerations before arriving at the club grounds

#### a. Health

Do not visit the club if you have:

- i. any of the known symptoms of Coronavirus (CV),
- ii. knowingly been in contact with anyone who has been unwell with suspected or confirmed CV+ in the last 14 days,
- iii. been required to self-isolate after being tracked and traced or a member of your household, has tested positive to CV in the last 14 days,
- iv. been required to quarantine after returning from abroad.

#### b. Residency

- i. Do not visit the club if you live in a local authority other than B&NES.

#### c. Hydration

- i. Bring your own water as shared taps and fountains are out of use.

#### d. There is no 'turn up and play' for any sport.

- i. You must have made a booking in advance, either for a court, lawn or for an organised activity.

#### e. The clubroom

- i. Offers a takeaway refreshment service for most of each day.

#### f. Guests

- i. Accompanying members must sign in and pay in advance. Click [here](#),
- ii. As a host member you are responsible for ensuring your guests adhere to these rules, including residency.

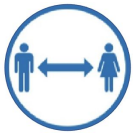
#### g. School age children must adhere to these rules and parents must ensure this.

## h. Enforcement

- i. Uphold all the rules and politely alert anyone who is not doing so,
- ii. Respect the General Manager, his staff, the coaches, officers of the club and anyone delegated by him who has total authority to enforce these rules,
- iii. Be alert to avoid violating these rules - defiance of the rules will result in suspension from using the club.

## 2. Arriving and moving around the club

### a. Arrival



- i. The primary means of entry is from the car park,
- ii. The Richmond Road pedestrian gate is available for use,
- iii. The Richmond Road double gates are the primary entry for croquet players.

### b. First steps into the club grounds



- i. Be alert and keep a social distance of 2 metres all times,
- ii. Sanitise or wash your hands for 20 seconds at either of the two outside sinks available.



### c. Clubhouse (clubroom, office, toilets, squash courts, changing rooms)



- i. Do not enter unless essential,
- ii. Enter via the main entrance doors and, if the clubhouse is busy, finally exit via the door onto the patio next to tennis court 1,
- iii. Wear a mask at all times when entering and moving round the clubhouse,
- iv. If you have the NHS app, please scan the QR code.

### d. Departure



- i. Sanitise or wash hands before departing,
- ii. Leave promptly after finishing your activity maintaining social distance.

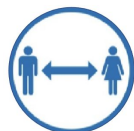
## 3. Clubhouse

### a. General movement



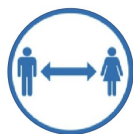
- i. Always maintain two-metre distance at all times,
- ii. The corridor is two way so be careful at corners - use the mirror provided,
- iii. Do not linger in either of the lobby areas (main and squash).

### b. Clubroom takeaway refreshments



- i. Do not move furniture; it has been set up to isolate the seating area which cannot be used for refreshments,
- ii. The staff may guide you through the process and will always expect you to abide by their instructions,
- iii. As you reach the bar area, use the hand sanitiser provided,
- iv. The transaction must be cashless by using a Clubcard or credit/debit card,
- v. Collect your takeaway order and leave the club.





#### c. Changing rooms

- i. Change in advance to avoid using these,
- ii. You must never exceed the maximum occupancy of 6,
- iii. Use corridor toilets where possible,
- iv. 2 metre social distancing at all times (urinals, showers, changing areas),
- v. Minimise your stay to enable others waiting to use the facilities,
- vi. Maximise use of a mask in the changing room and continue to wear it as you leave.



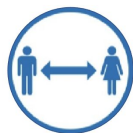
## 4. Tennis specific rules

#### a. Bookings

- i. Book before you play,
- ii. Fulfill your booking or cancel it,
- iii. The courts will be monitored and persistent 'no shows' will result in suspension of booking rights.

#### b. Conduct on court

- i. Keep 2 metres social distance from all players at all times,
- ii. Place your tennis bags at least 2 metres from others' bags,
- iii. Do not adjust nets and keep gates open,
- iv. Return any stray balls without using your hands,
- v. Brush the clay courts at the end of your session according to the guidelines,
- vi. Remove any litter from the court.



#### c. Group activities involving more than one court and players from different households

- i. These must be run to special guidelines provided below in the Appendix
- ii. At present this only applies to Club Mixer and Team Play.

#### d. Winter weather conditions

- i. With the permission of a club official or member of staff, members may use the clubroom to shield from a rain shower
- ii. Social distancing must be maintained at all times and there must be no more than six people in a group.

## 5. Croquet specific rules

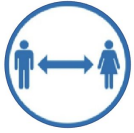
#### a. Booking the lawn

- i. Book through the Croquet Secretary, Howard Grove,
- ii. Guests' details must be recorded in the book in the croquet shed.

#### b. Sanitisation



- i. Wash or sanitise your hands & any equipment you use including the gate chain, padlock and door knob.
- c. Formations - you can play:
  - i. singles,
  - ii. double banked singles (two distinct but simultaneous singles games) and doubles,
  - iii. Maintain social distancing during play.



## 6. Squash specific rules

- a. Risk and enforcement
  - i. Conduct will be checked and any breach of the rules will result in suspension from playing for 30 days.
- b. General preparation and conduct
  - i. Book a court through the online system and complete the track and trace google form ([here](#)) before you arrive at the club - this is now mandatory,
  - ii. Arrive promptly (no more than 5 mins ahead of playing),
  - iii. Ensure social distancing in communal areas,
  - iv. Do not wipe hands on court walls,
  - v. Take your belongings on court and do not leave the court during your session,
  - vi. Spot cleaning:
    - if you touch the floor or the wall use an alcohol-based cleaning wipe to clean that area immediately (do not use a personal towel),
    - any liquid should be dried off immediately with paper towels, stocks of which are placed outside of the court,
  - vii. Give yourself enough court time after your game to:
    - towel down and allow your breathing to return to normal,
    - wipe the door handles and light switches with the alcohol-based wipes that are provided outside the court,
    - on leaving the court, wear your mask and do not loiter in the area outside.



- b. Playing options
  - i. You may only play full court games with someone from your own household,
  - ii. You may solo practice.



- c. Balcony
  - i. Check for others, before using stairs,
  - ii. Use as a waiting or watching area,
  - iii. No more than 3 people per area (left or right),
  - iv. Keep your mask on.

# Appendix

## 1. Group tennis activity rules

### Background

- a. Group tennis activities involving greater than 6 players mixing across two or more courts are currently permitted, but must be registered with the tennis sub committee and run according to the special rules provided below. Note that the large scale Club Mixer sessions pioneered this method.
- b. Whilst these guidelines may seem overbearing, they are mandatory in order for the Club to continue operating within LTA and Government Covid 19 guidelines.
- c. The design aims to ensure participants will not be considered as a 'contact' for the purposes of NHS Track & Trace. This is achieved by:
  - i. including in the scope of the activity, any related procedures before, during and after.
  - ii. not having face-to-face contact with someone who is within 1 metre of you
  - iii. not having skin-to-skin physical contact with someone else
  - iv. not having non face-to-face contact for 1 minute or more with someone who is within 1 metre of you
  - v. not being within 2 metres of someone for more than 15 minutes
  - vi. not offering lifts to or from the activity
  - vii. despite these precautions, if you do contract coronavirus inform the club immediately who can contact the previous participants



### Preparation

- a. A named coordinator must be placed in charge on each occasion. That person will determine:
  - i. who is selected to play on each occasion
  - ii. what the starting formation is
  - iii. how the mid-session change rounds take place
  - iv. what happens at the end of activity
- b. The coordinator must
  - i. use a pre-booking system to record and confirm the participants for each session, including any last minute changes.
  - ii. This list should be retained for 3 weeks to enable 'test and trace'.
  - iii. The coordinator may choose their own way of recording attendees e.g. dated Excel sheet, digital or paper list.
  - iv. For each booked court, no more than 4 players can be selected to play so there is no waiting off court

## Conduct of session

- a. The principle still applies that there is 'no turn up and play'
  - i. you must be pre-allocated a space
  - ii. follow the Lansdown Covid-19 Tennis rules



- b. Social distancing
  - i. remain at least 2 metres particularly at mid-session change rounds and around the clubhouse after the session



- c. Players using the clubroom facilities after the session must adhere to those rules
  - i. especially hand hygiene and
  - ii. social distancing
- d. If any of the group develop symptoms of suspected Coronavirus or receive a positive test within 7 days of attending a group session then they must inform the coordinator who should alert other attendees.

## Questions about the practicalities

- a. Contact Rupert Larkin, Eleanor Bird or Jeremy Labram.